

THE Sunrise VIEW

landscape + design

Managing + Designing Landscapes Of Distinction For Over 20 Years

A Special Announcement from Sunrise

It's our great pleasure to report some *exciting new changes* at Sunrise Lawn/Landscaping Services, Inc. We aren't changing the standard of excellence in our work or our customer service, just refining our image to highlight the capabilities and qualities that set us apart.

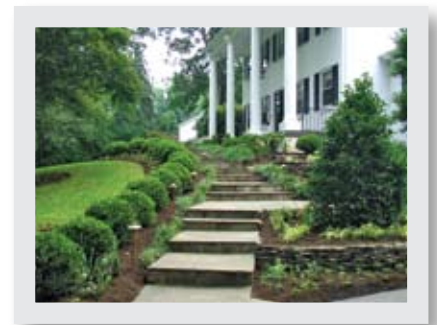
To reflect our strength as a leader in landscape maintenance and landscape design, we're proud to announce that **Sunrise Lawn/Landscaping Services, Inc. is now Sunrise Landscape + Design.** We want our customers to know that we provide full-service landscape management. If design is your focus, then we'll guide you through the process...from concept to planning to design and finally construction.

Managing + Designing Landscapes of Distinction is our new tagline, because we'll manage our customers' landscapes on a regular basis - providing the highest level of quality service so that you'll have time to *enjoy* your outdoor living space. Our approach is to strive for a greener environment while continually focusing on the individual needs of our customers as we design and maintain landscapes of distinction. It may seem pretty simple, but we've found that it sets us apart.

Sunrise was established back in 1986, and since then we've earned an excellent reputation built on the care we demonstrate every day. We know that, and our hundreds of satisfied customers know it too, but we felt we needed some clarification of our services and what we have to offer. **We are both a landscape management and a solution-oriented organization.**

If you've been thinking about extending your living space outdoors - whether it's a new outdoor kitchen, a fire pit for those fall Virginia evenings, a more modern patio, some

low-voltage lighting to illuminate your outdoor dining area, or a play area for your children - the endless possibilities are your dreams and our business. We hope you'll contact us at the number below or e-mail us at info@SunriseLandscapeAndDesign.com for a free estimate.



And while you're thinking about your outdoor living space, we have a newly launched Landscape Evaluation Program that we're kicking off to help our customers with any and all landscape-related problems. We have a new approach to our business, which is, *"How can we solve your problems?"* Is it a drainage issue? Is the grass greener in the neighbor's yard? Have you been dreaming of the perfect outdoor space and can't figure out how to get there? If so, no worries. **Your Sunrise Team** is here to work with you, whatever the need may be, to ensure that you have the outdoor space you desire.

Please help us grow and keep our costs down by referring a neighbor, friend or family member. You can contact us at (703) 544-0028, or see our website at www.SunriseLandscapeAndDesign.com for more information.

Again, thank you for your trust in us.

Your Sunrise Team



This Path Was Made FOR WALKIN'

Even the most beautifully landscaped property is lacking without well-conceived walkways and paths. Properly designed and constructed, they'll help to direct traffic while encouraging visitors to explore different parts of your property.

WHAT'S THE DIFFERENCE?

Walkways are wider and more formal than paths. They're commonly used to get from the driveway to the house or from the house to the garage. They should be wide enough to accommodate two people walking side by side, and it never hurts to incorporate a few curves for added visual appeal. Available construction materials vary widely, including poured concrete, pavers, gravel, slate and even tiles.



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Paths, on the other hand, get less use than walkways and don't need to be quite as wide. They're often used to direct visitors to a special destination in the landscape, such as a corner gazebo or fountain. Since they're not used as much, construction materials can be less durable. Gravel, wood chips and coarse-packed sand all work very well.

Used in combination, walkways and paths are bound to make your landscape more "visitor-friendly." Plus, they'll help to ensure that you, your family and your friends get much more enjoyment out of your property!

Get More Fresh Air This Summer

ESCAPE TO AN OUTDOOR ROOM

One of the biggest trends in landscaping is expanding the home's indoor living space with an outdoor room, and there are lots of ways to do this.

FIRST THINGS FIRST - PRIVACY

To ensure that your outdoor room offers ample privacy, you'll want to incorporate a screen around the perimeter. Combining a variety of trees, shrubs and perennials is an effective way to do this and will generally be more pleasing to the eye than traditional fencing materials. However, keep in mind that it may take several years for your screen to grow in fully depending on the plant species you choose.

NEXT, ADD THE IMPROVEMENTS

Depending on your needs and desires, there are all kinds of additions you can make to your outdoor room. Among the more popular:

- **Decks and patios** – You'll need plenty of room for deck chairs, and maybe even built-in benches for additional seating. Consider where your grill and any container plantings will be situated too. Brick, stone or interlocking pavers are good materials to use for patios, and synthetic decks are becoming increasingly popular due to their ease of maintenance.
- **Spas or hot tubs** – These make any outdoor room enticing and come in various sizes depending on how many people you need to accommodate. Remember that regular maintenance will be necessary.
- **Awnings or arbors for shade** – Awnings can be fixed or retractable and will provide solid shade along with a convenient escape from any summer showers that may pop up. If you'd rather go with partial shade, a vine-covered arbor and trellis structure can filter the sun without blocking it out completely.
- **Water features** – From simple birdbaths and small ponds to gurgling fountains and cascading waterfalls, every outdoor room can benefit from the sights and sounds of a water feature.
- **Fire pits or chimineas** – These are perfect for nighttime entertaining, and can help to extend the use of your outdoor room into the colder months.

- **Lighting** – Low-voltage lighting fixtures are a must if you want to use your outdoor room at night. They can increase visibility while enhancing the room's nighttime visual appeal.

With a carefully designed and constructed outdoor room, you'll be making the most of your living space while increasing the overall value of your property. Call Sunrise today to get started planning yours.



 **Sunrise**
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HARDSC

ADDS INTEREST A

No property is complete without the right hardscaping elements. These architectural landscape additions are an excellent way to improve both the looks and value of your property while expanding your living space outdoors.

Not sure what type of hardscaping is right for your needs? Consider the following:

- Brick, flagstone and paver patios/terraces
- Trellises
- Walkways
- Ponds and fountains
- Outdoor fireplaces and chimineas
- Decks (wood or synthetic)
- Retaining walls

Graywater and Rainwater

If you're looking for ways to save water on your property, you're not alone. Water conservation is on lots of people's minds these days. Both graywater recycling and rainwater harvesting are gaining in popularity as a means of reducing water waste.

Graywater recycling. Graywater is wastewater from bathtubs, shower drains, sinks, washing machines and dishwashers. Graywater accounts for 60% of the outflow produced in homes, and it can be recycled for irrigation, toilets and exterior washing to promote water conservation.

Graywater recycling systems generally consist of a three-way diverter valve and a treatment assembly such as a sand filter, a holding tank, a bilge pump, and an irrigation or leaching system. Systems can either be custom-designed and built, or purchased as a package.

Rainwater harvesting. Techniques for rainwater harvesting can provide a free water source once the initial investment in collection and storage systems is recouped.

The parts of a complete system include the catchment area (a roof), a rainwater conveyance system (gutters and leaders), holding vessels (cisterns), a roof-wash system (usually the first 10 to 20 gallons of rain are diverted from the cistern), a delivery system (pumps), and a treatment system (filters and/or purifiers). Again, systems can be custom-designed and built, or purchased as a package.

Both graywater recycling and rainwater harvesting are great ways to help preserve our natural resources, and they can both provide you with cost savings on your water bill!



Rainwater harvesting can provide a free water source once your initial investment is recouped.



LANDSCAPING AND EXCITEMENT



- Gazebos
- Outdoor kitchens
- Fences

Regardless of the hardscape feature you choose, you'll be adding a great source of interest and excitement to your property for all to see and enjoy!

Back to Basics

PROPER WATERING AND MOWING ARE THE BUILDING BLOCKS OF A HEALTHY LAWN

We're all usually busy, and it's easy to forget about our lawns when we have so much on our minds. If we grow complacent, however, our lawns begin to suffer. At the very least, turf needs regular watering and mowing to cope with summer's hot, dry weather.

Below are some back-to-basic guides for meeting your lawn's watering and mowing needs.

WHEN TO WATER

Ideally, your turf will get 1" to 1½" of water per week from rainfall or sprinkling. When rain is scarce, long, infrequent soakings that let the water sink into the soil a full 6" to 8" are very beneficial. If your grass is wilted, a dull gray-blue in color or doesn't spring back when stepped on, it's definitely time to water.

Keep in mind that watering in the early morning is more efficient, since this helps to reduce evaporation. Also, certain parts of your lawn may need more watering than others, such as slopes, heavy traffic areas and locations with southern exposures.

PROPER MOWING TECHNIQUES

It's tempting to just wait until grass looks like it needs mowing, then cut it down as short as possible. This is never a good idea, since grass needs its leaves to produce food and to shade and cool the soil. It's best to mow often enough so that no more than 1/3 of the grass blade is removed at a time. The mower height should be raised in hotter weather as well.

It's also important to vary the mowing pattern to keep grass standing straight. And finally, the mower blade should be sharpened regularly, since mowing with a dull blade can leave grass tips ragged and more susceptible to insects and disease.

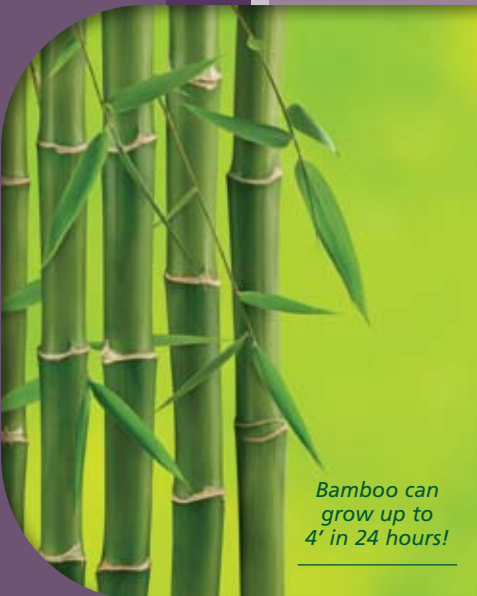
If you take care of these "basics," your lawn will weather summer stress a lot better! Give Sunrise a call today for more information.

If watering restrictions are in place, we encourage you to follow your city/county guidelines for water conservation, watering your lawn, trees and shrubs whenever you can.



Quick Tips for Late Summer

- Mulch should be kept fresh by turning or replacing it.
- If portions of your lawn aren't responding positively to water and fertilizer, this may indicate a problem with the soil. A soil test will help to determine if any amendments are needed.
- Don't forget to water that strip of turf between your sidewalk and the street. This area actually needs more water than the rest of your lawn, since heat from the pavement tends to dry the soil out faster.
- This is a good time to take care of any drainage problems on your property. If you have low areas that hold water, consider fixing the problem with drain tile or building the area up with soil.



*Bamboo can
grow up to
4' in 24 hours!*

Did You Know?

- The kudzu vine can grow up to a foot per day!
- Oregon produces the most Christmas trees in the United States, followed by North Carolina.
- Of all the prescription medicines produced in the United States, 25% are derived from plants.
- The seed of the double coconut palm can weigh up to 60 pounds.
- A creosote bush growing in the Mojave Desert is estimated to be over 11,000 years old!
- Just one kiwi can contain up to 1,000 seeds.
- On some plants, the leaves or petals change positions at night. This is known as nyctitropism.
- Bamboo is capable of growing up to 4' in just 24 hours!
- One ladybug can eat 40 aphids in just one hour.

